

The Marriage and Family Institute

Our Mission

Solder Center is a confidential and safe place to sort out life's issues. Soldiers and family members use our services for personal and family issues including adjustment to deployments, couple therapy, marriage enrichment, and reclaiming one's life after deployment to a combat zone. Confidential service outside the military—by people who retired from the military

We are committed to offering the best quality therapy possible for our clients who are seeking individual, marital and family therapy.

Soldier Center
917 D Tiny Town Road
Clarksville, TN 37042



Programs And Services

917 D Tiny Town Road
Clarksville TN 37042
Phone: (931) 553-6981
Fax: (931) 553-6982

www.soldier-center.com

Dr. E. C. Hurley, DMin, PhD (abd), LMFT

Executive Director

Dr. Hurley is Executive Director of Soldier Center.



He founded the Marriage and Family Institute (currently DBA Soldier Center) in 1988. E. C. understands soldiering and military life. He enlisted in the Army in 1966 with the rank of Private; later, in 1974 he returned to the Army as a chaplain with the goal of caring for soldiers.

Educationally, he holds an undergraduate degree from Lee University, a Master of Arts in counseling from Webster University, a Master of Divinity degree in Pastoral ministry from Ashland (Ohio) Theological Seminary, a Doctor of Ministry degree in pastoral counseling from Louisville Presbyterian Theological Seminary. PhD (abd) studies in marriage and family therapy was pursued at Texas Tech University; and, he is currently completing his dissertation for a PhD in clinical psychology with Fielding Graduate University.

Dr. Hurley developed a specialty in working with combat trauma. He is an EMDR clinician and Board Certified Expert in Traumatic Stress. E. C. is a *Clinical Member* and *Approved Supervisor* with the American Association for Marriage and Family Therapy. He is a certified Critical Incident Stress Debriefing and works extensively with trauma victims. E. C. participated in the Masters and Johnson's intensive Trauma and Compulsive Behavior program and is a Supervisor for Certified Sex Addiction Therapists.

Dr. Hurley is a retired chaplain(Colonel) with the U.S. Army Reserve. A veteran of Desert Storm, he was awarded the Bronze Star medal and earned the Air Assault badge. He also has been awarded the Legion of Merit medal.

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Programs and Services

THERAPY

- *Individual Therapy*
- *Couple Therapy*
- *Family/Step Family Therapy*
- *Compulsivity and Sex Addiction Therapy*
- *Pre-Marital Counseling*
- *EMDR— Resolving Combat Trauma*
- *Critical Incident Stress Debriefing*
- *Pastoral Counseling*

GROUPS

- *Spouse Deployment Study Group*
- *Trauma Group*
- *Couples Group*
- *Soldiers Re-deployment Adjustment*

RETREATS/WORKSHOPS

- *Restoring Intimacy In Marriage*
- *Couple Communication*
- *Family of Origin*
- *Preparing for Family Reunion*
- *Healing Our Emotional Wounds*
- *Reclaiming Your Life After Deployment*

Retreats/Workshops

Restoring Intimacy in Marriage

An intensive weekend for couples who want to restore a healthy sense of intimacy to their marriage. Topics include A Healthy Model of Marriage, Healing the Wounds of our Lives, Developing Strong Communication and Problem Solving Abilities and Maintaining Hope for a Healthy Future Together.

Couple Communication

A four hour workshop designed to help couples improve communication and problem solving abilities. Dr. Hurley offers concepts which he developed while working with couples over a 30 year period. You will learn the basic human emotions, the basic human need associated with each emotion, how to insure correct interpretation of messages and behaviors, an approach for insuring understanding of each other, how to develop a win-win problem solving capability, and how to build trust and hope for the future.

Family Of Origin

A four hour workshop designed to help couples and individuals develop an understanding of ancestral patterns repeating themselves in our own lives and how to break the cycle. Diagram (Genogram) your family for three generations to help develop insights to achieve healing and recovering. You will learn how to break out of past shame and reclaim self-worth.

Preparing for Family Reunion

A four hour workshop for military couples to prepare for the soldier's homecoming. You will develop an understanding of what to expect during redeployment and family reunion. Learn how to handle each others needs, including time for self, family and others. Couples will learn how to get through the adjustment stages and handle the adjustment process effectively.

Healing Our Emotional Wounds

A one day workshop designed to help you learn how to turn loose of past wounds, to become the person you want to be and stop letting the past dictate your life today. Get in touch with the little boy or girl whose childhood wounds continue to impact you relationships now. Advanced workshops available for those completing this basic workshop.

Reclaiming Your Life After Deployment

A workshop designed to help you reclaim your life. Focuses on the adjustments related to deployment as well as healthy coping skills for managing life's stressors. Understand how deployment impacts the family and soldier, along with coping skills and developing a meaningful quality of life.